

## Pre-Education Requirements

Students can complete the first 60 credits required for admission to the School of Education (SOE) while enrolled in the College of General Studies (CGS). Transfer and College Level Examination Program (CLEP) credits will be considered upon admission.

The School of Education offers two undergraduate programs of study:

- **Applied Developmental Psychology**

A minimum overall grade point average (GPA) of 2.5 is required to apply for admission.

- **Health and Physical Activity**

A 2.5 GPA is required to apply for admission to the exercise science and wellness programs.

Application should be made upon the completion of 45 credits; the fall term application deadline is February 1. Students should speak with an academic advisor early for specific SOE application and course requirements, procedures, and deadlines. The SOE programs are full-time day programs.

For detailed descriptions, contact a CGS academic advisor or see the SOE Web site: [www.education.pitt.edu/programs](http://www.education.pitt.edu/programs).

### Applied Developmental Psychology

**This program of study is designed to prepare child care specialists for work in various settings:** child/youth development programs, day and residential treatment programs, day care centers, community mental health centers, preschools, detention centers, psychiatric centers, pediatric healthcare programs, and home-based care and treatment.

The curriculum is organized into four terms of upper-division (junior and senior year) study. Undergraduates may apply after completing 60 credits of course work that should include English composition, developmental psychology, and other courses broadly distributed in the humanities as well as the social and natural sciences. Once the student is admitted into the program, specialized courses in child care and child development are then taken to prepare for the internship (up to 600 hours during the senior year working and learning in programs for children, youth, and families).

### Health and Physical Activity

The movement science program offers a Bachelor of Science degree with two specializations: **exercise science** and **wellness**.

#### Exercise Science

The exercise science specialization trains movement specialists to help all individuals achieve an optimal level of health and well-being. This program prepares students for entry-level positions in health/fitness programs for business, community, and athletic settings or in clinical programs, which provide therapeutic exercise services to members of special populations. The exercise science specialization also provides a foundation for graduate study and facilitates the development of research and clinical skills in exercise science/allied health programs.

#### Wellness

The wellness specialization has responded to the growing need to prepare health and fitness specialists for continually changing and expanding professional roles and requirements for entry-level positions. The unique features of this specialization are the four options available for professional focus in the following areas: aquatics, fitness, aerobics, and dance. Students are presented opportunities to specialize in an area of focus, and this provides mechanisms to obtain professional certifications that meet criteria for a fast-growing and competitive field.

### Undergraduate Minor Options

#### Wellness Minors:

- Aquatics
- Aerobics
- Dance
- Fitness

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## **College of General Studies**

The College of General Studies (CGS) provides adult and continuing education programs that are designed to address changing employer and student needs. The high-quality, flexible programs include courses, certificates, and degrees. CGS provides a single point of access to the University's innovative programs and services that both enrich lives and promote the economic health of the region.

***Requirements subject to change. Check with an academic advisor before registering.***

For more information, contact:

**University of Pittsburgh  
College of General Studies  
412-624-6600  
[www.cgs.pitt.edu](http://www.cgs.pitt.edu)**